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A Validated RP-HPLC Method for the Determination of Citrinin in Xuezhikang Capsule and other *Monascus*-Fermented Products

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Abstract: Citrinin is a toxic product usually produced during the Monascus fermentation. The presence of citrinin in xuezhikang capsule has been a concern due to its ingredient which is derived from monascus-fermented rice. A rapid and sensitive RP-HPLC method with fluorescence detection at $\lambda_{ex} = 331$ nm and λ_{em} = 500 nm for analysis of citrinin in *Monascus*-fermented products was developed to analyze citrinin in Monascus-fermented products. The chromatography was performed with mobile phase containing acidified water and acetonitrile. The calibration curve was linear (r = 0.9999) over a range of 0.0107- 0.537 µg/mL. The limit of detection (LOD) and the limit of quantitation (LOQ) were 0.187 ng/mL and 0.6 ng/mL respectively. The analysis of xuezhikang capsules using the developed method suggested that the product does not contain detectable citrinin and the result has been further confirmed using independent LC-MS/MS analysis. The proposed method has also been applied to analyze 11 samples of other Monascus-fermented products. The results suggested that there were no detectable citrinin in 4 of the 11 samples, however citrinin with the levels between 0.10-594 ng/kg has been detected in the other 7 samples. It indicates that the proposed method can also be applied to carry out the quantitative detection of citrinin for other Monascus-fermented products.

Keywords: HPLC, LC-MS/MS, Citrinin, Xuezhikang capsule, Monascus

Introduction

Cintrinin, a toxic product of secondary metabolite of fungi, such as *Aspergillus*, *Penicillium*, and *Monascus* species, is known to lead to serious health problems¹. Generally, citrinin is

present in a trace concentration (0.1-500 mg/kg), compared with other *Monascus* metabolites. Citrinin [C₁₃H₁₄O₅, IUPAC: (3*R*,4*S*)-4,6-dihydro-8-hydroxy-3, 4, 5-trimethyl-6-oxo-3H-2-benzopyran-7-carboxylic acid; CAS No.: 518-75-2] (Figure 1), is an acidic lemon-yellow crystal with maximal UV absorption at 250 nm and 333 nm (in methanol), melting at 172 °C. The reversed-phase HPLC with sensitive fluorescence detection is the most effective method for the determination of citrinin²⁻⁴. According to the Chinese national standard method for the determination of citrinin in *Monascus*-fermented products, an ultrasonic-extraction with toluene-ethyl acetate-formic acid = 7:3:1 is used for the pretreatment of the *Monascus*-fermented products⁵.

In this work, we developed a selective and sensitive PR-HPLC method that can conveniently detect the lowest possible amount of 0.187 ng/mL citrinin, which is more sensitive than the recent report of 0.5 ng/mL detection limit⁴. Further, how much citrinin is lost in the pretreatment process was investigated by recovery studies.



Figure 1. Chemical structures of citrinin isomers

Experimental

Citrinin was purchased from Sigma (Shanghai, China). Xuezhikang capsule (Xuezhikang) was produced by Beijing WBL Peking University Biotechnology Co., Ltd., China. The commercially available *Monascus*-fermented products were obtained from the local market. Acetonitrile and methanol were of HPLC grade and all other reagents were analytical grade.

Instrumentation

The chromatographic system consisted of Shimadzu LC-20A separations module and a Shimadzu RF-20A Fluorescence Detector. Fluorescence detection was performed with the Shimadzu RF-20A fluorescence detector with $\lambda_{ex} = 331$ nm and $\lambda_{em} = 500$ nm. A column of Aichrombond-AQ C₁₈ (250 mm × 4.6 mm i.d., 5 µm) was used and the column temperature was set at 25 °C. An Agilent 1200 HPLC separation system was used to deliver samples into a Bruker micrOTOF-QII mass spectrometer.

Preparation of standard solution

The standard stock solution was prepared by dissolving accurately weighed 5.37 mg of citrinin standard in 100 mL of methanol (final concentration, 53.7 μ g/mL). Different calibration standards ranging from 0.01074, 0.0537, 0.1074, 0.2685 and 0.537 μ g/mL were prepared by appropriate dilution of standard stock solution with methanol.

Preparation of sample solution

An assay sample (Xuezhikang or other *Monascus*-fermented products) was milled and passed through 80-mesh sieve. Accurately weighed 1.5 g of sample powder was transferred to a 15 mL PTEE centrifuge tube, and ultrasonic-extracted with 10 mL toluene-ethyl acetate-formic acid = 7:3:1 for 20 min, 3 times. The combined extract solution was centrifuged to remove undissolved residue and the supernatant was evaporated under vacuum to afford citrinin-enrichment crude extract. The crude extract was dissolved with 10 mL methanol and filtered through a 0.45 μ m membrane filter for detection.

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Chromatographic conditions

The mobile phase A was acetonitrile and mobile phase B was acidified water (pH 2.5 adjusted with phosphoric acid). The gradient elution program has been developed and optimized for better, accurate and consistent results. The gradient eluting system was shown in Table 1. The injection volume was 20 μ L and the flow rate was 1.0 mL/min.

Time, min	A, %	B, %
0	53.5	46.5
14	53.5	46.5
15	100	0
22	100	0
23	53.5	46.5
30	53.5	46.5

Table 1. Gradient elution system in HPLC

Results and Discussion

The applied chromatographic conditions permitted a good resolution of citrinin in standard solution (A) and in sample solution (B) (Figure 2). The LC method was validated for the parameters reported below.



Figure 2(B). Typical chromatogram of Xuezhikang

Linearity

The calibration standards were chromatographed using the mobile phase, and the linearity of peak areas *versus* corresponding concentrations was studied from $0.01074 - 0.537 \mu g/mL$ for citrinin. A linear response was observed over the examined concentration range. The results are tabulated in Table 2.

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Parameters	HPLC
Concentration range, µg/mL	0.01074 - 0.537
Regression equation	Y = 34335.93X - 1363.90
Correlation coefficient (r)	0.9999

Table 2. Results of the data analysis for the linearity of citrinin

Limit of detection and limit of quantitation

The limit of quantitation (LOQ) was the lowest concentration of the sample assayed when the signal/noise ratio was at least 10:1. The limit of detection (LOD) was defined as a signal/noise ratio of 3:1. The LOQ and LOD were found to be 0.6 ng/mL and 0.187 ng/mL respectively.

Precision and recovery

The precision of the method was evaluated by analyzing the standard solution of $0.1074 \,\mu g/mL$ citrinin with five replicates. The results are shown in Table 3.

Table 3. The result of precision assay					
No.	1	2	3	4	5
Peak area of citrinin	71482	71218	71413	71413	71479
RSD, %			0.15		

The recovery tests were conducted to evaluate the extraction method aforementioned. They were performed by adding known amounts of standard stock solutions to the xuezhikang samples and preparing solutions according to the preparation of sample solution. The percentage of recovery was calculated by comparing the determined amount of citrinin standard with the added amount. The calculation of % recovery is tabulated in Table 4.

Table 4. The result of recovery analysis

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No.	Weight of Xuezhikang,	Citrinin in Xuezhikang,	Spiked Citrinin,	Calculated Citrinin,	Recovery,	Average Recovery,	RSD,
	g	μg	μg	μg	70	%	70
1	1.5029	undetected	5.37	5.15	95.90		
2	1.5037	undetected	5.37	5.18	96.46		
3	1.5031	undetected	5.37	5.22	97.21		
4	1.5050	undetected	5.37	5.19	96.65		
5	1.5009	undetected	5.37	5.24	97.60	96.68	0.64
6	1.5068	undetected	5.37	5.17	96.28		

Detection of citrinin in Xuezhikang and other Monascus-fermented products

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Natural occurrence of citrinin in Xuezhikang and other *Monascus*-fermented products (including red yeast rice and *Monascus* pigment) was studied. A total of 18 samples were analyzed by HPLC for citrinin. The results revealed that 11 samples were negative for containing citrinin and 7 samples were positive for containing citrinin with the levels between 0.10 and 594 μ g/kg (Table 5).

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No.	Sample	Lot No.	Content of Citrinin, µg/kg
1	Xuezhikang	20100811	undetected
2	Xuezhikang	20100901	undetected
3	Xuezhikang	20101108	undetected
4	Xuezhikang	20101211	undetected
5	Xuezhikang	20110103	undetected
6	Xuezhikang	20110111	undetected
7	Xuezhikang	20110201	undetected
8	Red yeast rice 1	20100820	0.97
9	Red yeast rice 2	20100612	1.32
10	Monascus pigment powder 1	20100817	594
11	Monascus pigment powder 2	20100718	122
12	Functional red yeast rice powder 1	20090627	0.10
13	Functional red yeast rice powder 2	20090916	4.04
14	Functional red yeast rice powder 3	20090810	5.41
15	Red yeast rice health food 1	20100320	undetected
16	Red yeast rice health food 2	20100412	undetected
17	Red yeast rice health food 3	20100501	undetected
18	Red yeast rice health food 4	20100530	undetected

Table 5. Detection results of citrinin in 18 samples

LC-MS/MS analysis

Chromatographic separation was modified based on the HPLC condition. The same column was used and the mobile phase A was acetonitrile and mobile phase B was 0.4% formic acid. The gradient eluting system is shown in Table 6. The injection volume was 20 µL. The flow rate was 1.0 mL/min, with the flow rate split down to 0.25 mL/min into the MS source.

Table 6. Gradient elution system in LC-MS/MS detection					
Time, min	A, %	B, %			
0	45	55			
16	45	55			
17	100	0			
25	100	0			
26	45	55			
35	45	55			

 Table 6. Gradient elution system in LC-MS/MS detection

MS analysis was performed by employing the ESI positive ion mode in mass range of 50-2000. High purity nitrogen was used as nebulizer and auxiliary gas. The mass parameters were optimized to the following values: hexapole R_f (200.0 VPP); collision R_f (100.0 VPP); pre pulse storage (5.0 µs); collision energy (7.0 eV); quadrupole ion energy (5.0 eV); nebulizer (0.8 bar); dry gas (5.0 L/min); dry temperature (180 °C). The LC-MS/MS chromatograms for the citrinin and xuezhikang are displayed in Figure 3 and 4. In the LC-MS/MS analysis of xuezhikang, it is supposed to be no peak detected at the retention time of citrinin.



Figure 4 (B). EIC $(m/z 251[M+H]^+)$ chromatogram of xuezhikang

Conclusion

The proposed reverse phase HPLC method has been evaluated over the linearity, precision and recovery and proved to be convenient and effective for the detection of citrinin in *Monascus*-fermented products as well as other routine quality control procedure. Under the reported HPLC conditions, a detection limit of citrinin achieved was as low as 0.187 ng/mL. Quantitative analysis of citrinin in xuezhikang using the proposed protocol suggested that there were no detectable citrinin and the result has been double-confirmed by LC-MS/MS. The method can also be applied for routine quality control analysis of citrinin in *Monascus*-fermented products.

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